

Catholic Therapist Group

Our mission

To support one another as Catholic mental health professionals through education and collaboration, striving to integrate therapeutic practice with the truths of our Roman Catholic faith and Church teachings on the dignity of the human person and family life.



Updated 9/29/2026

Prayer to St. Dymphna

O God, we humbly beseech you, through your servant, Saint Dymphna, to grant relief to those who suffer from mental and emotional conditions.

Saint Dymphna, helper of the mentally afflicted, pray for us.

Amen.



St. Dymphna

Patron saint of those experiencing mental and emotional distress



Catholic Therapist Group

Catholic mental health professionals
serving the Diocese of Wichita and
surrounding communities

Learn more and find current information

catholictherapywichita.com

Katelyn Aguiar, LCP

Faith, Hope, and Therapy (Telehealth only)

(316) 202-8036

Adults

Infidelity, trauma, anxiety, OCD, ACT, I-CBT, Certified Partner Trauma Therapist (CPTT).

Lee Ann Batt, MS, LCSW

Private Practice

(316) 789-6368

Adults, Couples

Depression, anxiety, grief and loss, parenting, post-divorce, weight loss/health, EMDR trained.

Gail Bussart, LCSW

Private Practice

(316) 854-8574

Individual, Family, Children

Depression, anxiety, trauma, grief and loss, addiction, EMDR.

Lisa Butler, LCMFT, LCAC

Confident Hope Therapy, LLC

(316) 303-5952

Couples, Families, Adolescents, Adults

Anxiety, depression, addiction, grief and loss, neurodivergence, family distress, Prepare & Enrich, sexual issues, trauma.

Jeanine Carder, LCPC

The Healing Path

(316) 535-9894

Adults

Anxiety, depression, unresolved trauma.

Adolph Chavez, Jr., LCMFT

Private Practice

(316) 779-3694

Adults, Couples, Individuals

Depression, anxiety, grief and loss, infidelity, personal issues, personal development, life adjustment issues, trauma, Certified Sex Therapist (CST).

Linda Fitzgerald, LCSW

Private Practice

(316) 207-3829

Adults, Marital

Depression, anxiety, trauma, scrupulosity, grief, Prepare & Enrich Preparation, EMDR, aging issues.

Brenna Gregg, LPC

Journey of Hope Counseling (Telehealth only)

(316) 285-9479

Individuals, Adults, Young adults, College-age adults

Anxiety, depression, pregnancy, postpartum, child loss.

Kathleen Myers, LCSW

Psychology Consultants

(316) 773-9525

Individual, Marital, Adults

Anxiety, depression, post-affair recovery, marital/premarital, trauma, grief and loss.

Stephanie Nemecek, LCP

Project Rachel, Catholic Diocese of Wichita

(316) 269-4673

Women and men

Post-abortion healing.

Michelle Raine, LCP

Center for Healing & Growth

(316) 365-8889

Adults

Depression, bipolar disorder, PTSD, trauma, anxiety disorders, parenting, grief and loss, life adjustment issues.

Jason Scheck, LCSW, LCAC

Center for Healing & Growth

(316) 365-8889

Adults

Anxiety, depression, addiction, trauma.

Karen Scheck, LMSW

Center for Healing & Growth

(316) 365-8889

Children, Adolescents, Adults, Couples

Anxiety, depression, trauma, EMDR.

Anne "Annie" Targos, LCSW

Private Practice

(316) 712-1603

Adults

Trauma, anxiety, depression, EMDR, IFS, CBT, Prepare & Enrich.

Rev. Joseph Tatro, PsyD

Spiritual moderator & clinical psychologist.

Monica Torres, LMFT

Restoration Counseling Services

(469) 209-5993

Individual, Family, Couples, Adults

Anxiety, life transitions, marital/premarital, depression, trauma, parenting.

Kelly Walker, MS, LCMFT

Private Practice (Telehealth only)

(316) 304-7005

Adolescent, Adults & Couples

Anxiety, mood, trauma, grief/loss, eating disorders, intergenerational issues, conflict resolution. IFS trained and certified Clifton Strengths coach.

Christina M. Weber, LCMFT

Christian Biz Owners on Fire

(316) 371-5737

Coaching clients only; business owners

Helping business owners who want a fulfilling and prosperous business & ministry while keeping God, purpose, and relationships a top priority.

Lindsey Zimmerman, LCSW

Fiat Family Services (Telehealth only)

(316) 202-7749

Adults

Anxiety & depression.