

Catholic Therapist Group
serves the Wichita diocese
and surrounding areas.

Mission Statement

To support one another as
Catholic mental health
professionals, through education
and collaboration, striving to
integrate therapeutic practice
with the truths of our Roman
Catholic faith and Church
teachings on the dignity of the
human person and family life.



Updated 2/1/2023

Prayer to St. Dymphna

O God, we humbly beseech you,
through your servant, Saint
Dymphna, to grant relief to those
who suffer from mental and
emotional conditions. Saint
Dymphna, helper of the mentally
afflicted, pray for us.

Amen.



For more information visit
www.catholictherapywichita.com



Catholic Therapist Group

Cana Counseling, Catholic Charities

316-263-6941

Lisa Butler, LCMFT, LCAC

Children, Adolescents, Adults, Couples, Families.
Behavioral difficulties, depression, anxiety, ADHD,
EMDR, trauma, grief/loss, Prepare & Enrich,
women's issues.

Katelyn Aguiar, LCP

Faith, Hope, and Therapy
316-202-8036

Adults, Couples.
Infidelity, trauma, anxiety, depression, EMDR,
Certified Partner Trauma Therapist (CPTT).

Adelita Aldava, LSCSW

Aldava Counseling, LLC
316-202-0277

Children, Adolescents, Adults. *Se habla español*
Depression, Obsessive Compulsive Disorder, anxiety,
trauma, Immigrant Acculturation Stress, EMDR.

Lee Ann Batt, LSCSW

Private Practice
316-789-6368

Adults, Couples.
Depression, anxiety, grief/loss, parenting, post-
divorce, weight loss/health, life transitions, EMDR.

Gail Bussart, LSCSW

Private Practice
316-854-8574

Individual, Family, Children.
Depression, anxiety, trauma, grief/loss, addiction,
EMDR.

Adolph Chavez, Jr., LCMFT

Private Practice
316-779-3694

Adults, Adolescents, Couples, Individuals.
Depression, anxiety, grief/loss, infidelity,
sexual issues, life adjustment issues.

Teresa Finlay-McDonald, LSCSW

316-213-1205

Adolescents, Adults.
EMDR, peripartum issues, first responders,
Grief/loss, depression, anxiety.

Linda Fitzgerald, LSCSW

Private Practice
316-207-3829

Adults, Adolescents, Family, Marital.
Depression, anxiety, trauma, scrupulosity,
grief, Prepare & Enrich Counseling, EMDR.

Kathleen Myers, LSCSW

Psychology Consultants
316-773-9525

Individual. Marital. Adults.
Anxiety, depression, post-affair recovery,
marital/pre-marital, trauma, grief/loss.

Stephanie Nemechek, LCP

Project Rachel, Catholic Diocese of Wichita
316-269-4673

Post-abortion healing for women and men.

Michelle Raine, LCP

Prairie View, Newton
316-284-6400

Adults, Adolescents.
Depression, anxiety, panic, trauma,
Dialectical Behavior Therapy.

Jason Scheck, LSCSW, LCAC

Center for Healing & Growth
316-365-8889

Individual. Adults.
Anxiety, depression, addiction, trauma, EMDR,
Certified Sex Addiction Therapist (CSAT).

Anne "Annie" Targos, LSCSW

Private Practice
316-712-1603

Teens 16+, Adults.
Anxiety, depression, pre-marital, trauma,
EMDR, IFS, CBT, Prepare & Enrich.

Father Joseph Tatro, PsyD

Spiritual Moderator & Clinical Psychologist

Christina M. Weber, LCMFT (Coaching clients only)

Christian Biz Owners on Fire
316-371-5737

Helping business owners who want a fulfilling and
prosperous business & ministry while keeping
God, purpose, and relationships a top priority.

Lindsey Zimmerman, LMSW

Fiat Family Services
316-202-7749

Children, Adolescents.
Behavioral difficulties, anxiety, depression, ADHD,
trauma.