

Catholic Therapist Group  
serves the Wichita diocese  
and surrounding areas.

### Mission Statement

To support one another as  
Catholic mental health  
professionals, through education  
and collaboration, striving to  
integrate therapeutic practice  
with the truths of our Roman  
Catholic faith and Church  
teachings on the dignity of the  
human person and family life.



Updated 9/16/2022

### Prayer to St. Dymphna

O God, we humbly beseech you,  
through your servant, Saint  
Dymphna, to grant relief to those  
who suffer from mental and  
emotional conditions. Saint  
Dymphna, helper of the mentally  
afflicted, pray for us.

Amen.



For more information visit  
[www.catholictherapywichita.com](http://www.catholictherapywichita.com)



# Catholic Therapist Group

**Cana Counseling, Catholic Charities**

316-263-6941

**Lisa Butler, LCMFT, LCAC**

Children, Adolescents, Adults, Couples, Families.  
Behavioral difficulties, depression, anxiety, ADHD,  
EMDR, trauma, grief/loss, Prepare & Enrich,  
women's issues.

**Katelyn Aguiar, LCP**

Faith, Hope, and Therapy  
(316) 202-8036

Adults, Couples.  
Infidelity, trauma, anxiety, depression, EMDR,  
Certified Partner Trauma Therapist (CPTT).

**Adelita Aldava, LSCSW**

Aldava Counseling, LLC  
316-202-0277

Children, Adolescents, Adults. *Se habla español*  
Depression, Obsessive Compulsive Disorder, anxiety,  
trauma, Immigrant Acculturation Stress, EMDR.

**Lee Ann Batt, LSCSW**

Private Practice  
316-789-6368

Adults, Couples.  
Depression, anxiety, grief/loss, parenting, post-  
divorce, weight loss/health, life transitions, EMDR.

**Gail Bussart, LSCSW**

Private Practice  
316-854-8574

Individual, Family, Children.  
Depression, anxiety, trauma, grief/loss, addiction,  
EMDR.

**Adolph Chavez, Jr., LCMFT**

Private Practice  
316-779-3694

Adults, Adolescents, Couples, Individuals.  
Depression, anxiety, grief/loss, infidelity,  
sexual issues, life adjustment issues.

**Teresa Finlay-McDonald, LSCSW**

316-213-1205

Adolescents, Adults.  
EMDR, peripartum issues, first responders,  
Grief/loss, depression, anxiety.

**Linda Fitzgerald, LSCSW**

Private Practice  
316-207-3829

Adults, Adolescents, Family, Marital.  
Depression, anxiety, trauma, scrupulosity,  
grief, Prepare & Enrich Counseling, EMDR.

**Kathleen Myers, LSCSW**

Psychology Consultants  
316-773-9525

Individual. Marital. Adults.  
Anxiety, depression, post-affair recovery,  
marital/pre-marital, trauma, grief/loss.

**Stephanie Nemechek, LCP**

Project Rachel, Catholic Diocese of Wichita  
316-269-4673

Post-abortion healing for women and men.

**Michelle Raine, LCP**

Prairie View, Newton  
316-284-6400

Adults, Adolescents.  
Depression, anxiety, panic, trauma,  
Dialectical Behavior Therapy.

**Jason Scheck, LSCSW, LCAC**

The Therapy Center  
316-221-2661

Individual. Adults.  
Anxiety, depression, addiction, trauma, EMDR,  
Certified Sex Addiction Therapist (CSAT).

**Anne "Annie" Targos, LSCSW**

Private Practice  
316-712-1603

Teens 16+, Adults.  
Anxiety, depression, pre-marital, trauma,  
EMDR, IFS, CBT, Prepare & Enrich.

**Father Joseph Tatro, PsyD**

Spiritual Moderator & Clinical Psychologist

**Christina M. Weber, LCMFT (Coaching clients only)**

Christian Biz Owners on Fire  
316-371-5737

Helping business owners who want a fulfilling and  
prosperous business & ministry while keeping  
God, purpose, and relationships a top priority.

**Lindsey Zimmerman, LMSW**

Fiat Family Services  
316-202-7749

Children, Adolescents.  
Behavioral difficulties, anxiety, depression, ADHD,  
trauma.