

Catholic Therapist Group
serves the Wichita diocese
and surrounding areas.

Mission Statement

To support one another as
Catholic mental health
professionals, through education
and collaboration, striving to
integrate therapeutic practice
with the truths of our Roman
Catholic faith and Church
teachings on the dignity of the
human person and family life.



Updated 10/2021

Prayer to St. Dymphna

O God, we humbly beseech you,
through your servant, Saint
Dymphna, to grant relief to those
who suffer from mental and
emotional conditions. Saint
Dymphna, helper of the mentally
afflicted, pray for us.

Amen.



For more information visit
www.catholictherapywichita.com



Catholic Therapist Group

Cana Counseling, Catholic Charities
316-263-6941

Lisa Butler, LCMFT, LCAC

Children, Adolescents, Adults, Couples, Families.
Behavioral difficulties, depression, anxiety, ADHD,
trauma, Prepare & Enrich, women's issues.

Katelyn Aguiar, LMLP, CPTT Candidate
Faith, Hope, and Therapy
(316) 202-8036

Adolescents, Adults, Couples.
Infidelity, partners of those with sexual
compulsivity, trauma, anxiety, depression.

Adelita Aldava, LSCSW
Aldava Counseling, LLC
316-202-0277

Children, Adolescents, Adults. *Se habla español*
Depression, Anxiety, Trauma,
Immigrant Acculturation Stress, EMDR.

Lee Ann Batt, LSCSW
Private Practice
316-789-6368

Adults, Couples, Adolescents.
Depression, anxiety, grief/loss, parenting, post-
divorce, weight loss/health, life transitions, EMDR.

Gail Bussart, LSCSW
316-854-8574

Individual, Family, Children.
Depression, anxiety, trauma, addiction, play
therapy, EMDR.

Adolph Chavez, Jr., LCMFT
Private Practice
316-779-3694

Adults, Adolescents, Couples, Individuals.
Depression, anxiety, grief/loss, infidelity,
sexual issues, life adjustment issues.

Teresa Finlay-McDonald, LSCSW
316-213-1205

Adolescents, Adults.
EMDR, Peripartum issues, First Responders,
Grief/Loss, Depression, Anxiety.

Linda Fitzgerald, LSCSW
Private Practice
316-207-3829

Adults, Adolescents, Family, Marital.
Depression, anxiety, trauma, scrupulosity,
grief, Prepare & Enrich Counseling, EMDR.

Kathleen Myers, LSCSW
Psychology Consultants
316-773-9525

Individual. Marital. Adults.
Anxiety, depression, post-affair recovery,
marital/pre-marital, trauma, grief/loss.

Stephanie Nemechek, LCP
Project Rachel, Catholic Diocese of Wichita
316-269-4673

Post-abortion healing for women and men.

Michelle Raine, LCP
Prairie View, Newton
316-284-6400

Adults, Adolescents.
Depression, anxiety, panic, trauma,
Dialectical Behavior Therapy.

Jason Scheck, LSCSW, LCAC
The Therapy Center
316-221-2661

Adolescents, Adults.
Anxiety, depression, addiction, trauma, EMDR,
Certified Sex Addiction Therapist (CSAT).

Father Joseph Tatro, PsyD

Spiritual Moderator & Clinical Psychologist

Christina M. Weber, LCMFT (Coaching clients only)
Christian Biz Owners on Fire
316-684-7886

We help faith-based business owners who want a
fulfilling and prosperous business or ministry
while keeping God, their purpose, and their
relationships a top priority.

Lindsey Zimmerman, LMSW
Fiat Family Services
316-202-7749

Children, Adolescents.
Behavioral difficulties, anxiety, depression, ADHD,
trauma. Teletherapy.